

FREE

Beach Buzz

Newsletter of the Moore Park Beach Community Association



Vol 1 No 2

April-June 2024

Turtles Share Our Beach

This summer, trained and authorised volunteers from the MPB Turtle Monitoring Group recorded a total of 150 turtle activities on the beach between the Kolan River and Moore Park Creek. These turtles laid 70 nests: 60 were by loggerheads, 7 were flatbacks and



Buzz Inside ...	
Results of Council Elections.....	2
Beach Buzz Future Issues.....	2
New Manager at the Hall.....	3
Anzac Day 2024.....	3
Parkrun for Moore Park Beach.....	4
Seagrass and Sand at Sylvan Drive.....	5
Free Skateboard Workshops.....	6
Meet Chappy Emma.....	7
Community Coffee Meet-up.....	8

3 were greens. Although this is an improvement on the last 2 seasons, the numbers are still significantly down on the long-term average.

Most nests needed to be relocated to safer locations higher up the beach or to the Turtle Protection Nursery. Unfortunately, 3 nests were dug up by wild or domestic dogs, highlighting the risk posed by uncontrolled or unleashed dogs on the beach. Light pollution associated with new houses poses another ongoing threat. More than half of the MPB beach is unsuitable for turtle nests due to domestic lighting and beach erosion.

In good news, the prohibition of

2024 Community Information Meetings

The Moore Park Beach Community Association invites you to the 2024 information meetings, to be held in the hall. Everyone is welcome.

Emergency Procedures Saturday 15 June at 11:00am

Find out from the experts what to do in an emergency. Learn how to evacuate safely before or during a local disaster.

Annual General Meeting Saturday 19 October at 10:30am

Join the Moore Park Beach Community Association for \$5 and vote for the new officers and committee. Have your say in the direction of the Association.

Election Special Saturday 19 October at 11:00am

Hear the local issues and find out how you can have your say. State election is on Saturday 26 October.

night-time driving on the beach has resulted in a significantly improved nesting result in the 4WD access areas. However unauthorised 4WD use, especially in the non-access area, is ongoing and poses a danger both to turtles and volunteers.

The incubation period for the eggs this year was between 49 and 61 days. Aproximately 6,000 live turtle hatchlings made it to the ocean. We hope to see some of them return to MPB as adults in about 30 years. ♦

For more on this story go to our Blog
<https://beachbuzz.weebly.com>

Results of Council Election

President of the Moore Park Beach Community Association (MPBCA), Derek Alcorn, has congratulated Jason Bartels on his re-election to the Bundaberg Regional Council as the Division 1 Councillor. "Great work Jason," he said. "We look forward to working with you again on our MPB master plan and additional projects for our region." As *Beach Buzz* went to print, Jason had received about two-thirds of the votes in Division 1. Jason has thanked all his supporters, especially the volunteers who assisted him in his re-election campaign and who worked tirelessly at the voting booths on election day.

Bundaberg Council will be led by a new mayor as Helen Blackburn received nearly 60% of regional votes. She was elected on a "back to basics" approach and has promised to reduce council fees. Of the 50 previous mayors since 1881 (of both the city and the region), she is only the fourth woman elected. ♦

Beach Buzz Future Issues

Future issues of *Beach Buzz*, due early in July and October, may be obtained at The Hub op shop, the Pink House, IGA supermarket, MPB Caravan Park, Liberty Service Station, and other outlets around Moore Park Beach.

Or read *Beach Buzz* online at:

<https://beachbuzz.weebly.com>

Next issue: 1 July



New Manager at the Hall

Moore Park Beach Community Hall has a new manager. After 14 years in the role, much-loved local Silvia Abel has retired. The Moore Park Beach Community Association (MPBCA) has appointed Debbie Gramlick to take over, beginning 1 March.

Debbie grew up in the beautiful Dandenong Ranges, east of Melbourne, but moved to Moore Park Beach 24 years ago to be with her family. "I love living here, enjoying our amazing forests and coastline," she said. "Most of all, I appreciate the friendly community."

She says that she will do her best to offer the same smiling and efficient service that hall patrons and hirers have always appreciated. The MPBCA wants the hall to be the preferred venue for exercise groups, classes, community events and private functions.

The hall is a popular venue with events happening daily. Bookings for the next few months include a large number of private parties. Hire charges are very reasonable. ◆

For bookings and enquiries, contact Debbie during business hours on 0402 593 253 or by emailing: mpbcommunityassociation@gmail.com

What's On At The Hall?

Weekly activities for Moore Park Beach residents and friends at the Community Hall, Club Ave.

Sunday	Yoga9:00am
Monday	Seniors9:00am
	Pilates4:00pm
Tuesday	Yoga9:00am
	Pilates4:45pm
	Zumba6:00pm
Wednesday	Tai Chi9:00am
	Scouts6:00pm
Thursday	Yoga8:30am
	Zumba6:00pm
Friday	Zumba9:00am
Saturday	Yoga8:30am

Times may change. You are advised to check with the group organisers for the latest information. Contact details are posted on the Community Hall noticeboard and at The Hub.

Anzac Day 2024

The Moore Park Beach Services Club invites the community to participate in this most Australian of days.

Dawn Service: Starts at 5:30am in the Memorial Gardens, Anzac Pde, followed by the Gunfire Breakfast at the Bowls Club.

Civic Service: Marchers assemble at the Community Hall by 11:20am. For all others, please take your places at the Memorial Gardens by 11:15am.

Refreshments: At the conclusion of the service, refreshments and food will be served at the Community Hall.

Lest We Forget

Parkrun for Moore Park Beach

By Christine Jones-Huston

Ever heard of parkrun? I recently chatted with Lise Habermann, part owner of Moore Park Beach 24/7 Gym, who introduced me to a great community experience.

Parkrun is a free, community event held every Saturday morning. Participants walk, jog or run 5 km at their own speed. Junior parkrun, over 2 km, is for 4-14 year olds, and is held every Sunday morning. There is no time limit with no one finishing last. Sounds great to me!

There are currently 483 parkrun events at sites around Australia. Lise is working towards making Moore Park Beach a registered parkrun centre. She is very excited about the project but is also well aware that this cannot be done alone. The project needs volunteers to succeed.

Lise developed her passion for long distance running in Australia but has participated in events in Germany and South Africa. As a result, Lise is passionate about fitness education and providing people with the tools to achieve their goals.

Lise's father was a champion swimmer, rugby player and marathon distance runner, and her mother a dancer. Lise feels that she inherited her passion from her mother, who is also a yoga and Pilates instructor.

Born in South Africa, Lise came to Australia 13 years ago. She moved to Moore Park Beach in 2019 and purchased the Moore Park Beach 24/7 Gym in July 2023 with her partner Shannon Smith, who owns Containers for Change.



Through her body-building competition work and management roles in the fitness arena, Lise discovered her passion for training. Now she encourages others in strength training and fitness. She says that as people age, strength training is vital for an enjoyable lifestyle.

Lise has been involved with the local P&C and various community groups. She has also demonstrated her commitment to the MPB community by supporting local events with generous donations of classes and fitness sessions.

MPB 24/7 Gym, located in the IGA shopping complex on Murdochs Rd, offers fabulous fitness opportunities. Membership includes a personal assessment consultation, induction on all equipment to ensure confidence, personalised training, along with resistance, functional and mobility training. Lise also provides Zumba and Pilates classes. Her associates are Petrina, a 24/7 Personal Trainer, and Kim, a Pilates instructor. I am enjoying Pilates with Kim on Monday and Tuesday afternoons. The gym also runs the Bundaberg Council **Be Active, Be Alive** strength conditioning program, which is free to participants.

Lise is interested in helping others



with strength, mobility, and sports specific goal setting. If you want to improve your core strength, fitness, or mobility, and/or you want the fun of exercising with others, ring Lise on 0419 449 193 and book a class. ◆

For more on this story go to our Blog
<https://beachbuzz.weebly.com>

For information on parkrun go to:
www.parkrun.com.au

Save the Date!

29 June 7pm

MPB Community Hall

Get your dancing shoes and bling ready for the year's biggest social event!

Details soon on the MPBCA Facebook page and the *Beach Buzz* website.

Seagrass and Sand on Sylvan Drive

Good news! There's a new shop in Moore Park Beach. Seagrass and Sand is the "small shop with big vacation vibes" that specialises in coastal décor and gifts, and displays an exquisite range of products.

Sally Stanley is the owner of the new business. "I want Seagrass and Sand to have the laid-back, stress-free, happy feel that you get when you're on a tropical holiday," Sally said. "We stock products mainly from

<https://beachbuzz.weebly.com>

Australian businesses, including items to do with beach and body, as well as homewares and gifts." Products include Betty Botanica bags and bracelets, Fair Trade and Summer Salt body skincare and candles, unique children's wear, plus plants and cacti.

Previously, Sally operated a furniture and artisan shop in Coolum Beach. She moved to Moore Park Beach in 2021. "The locals are friendly and Moore Park Beach has that quiet, coastal charm that is good for the soul," she said.

The shop has only been open a few weeks, but is already expanding. Sally now shares the premises with Vicky Freeman, a creative designer with a flair for a unique line of clothing. Her boutique store, known as Wikiwiki Studio, features hand-made and sustainable fashion, sometimes using high quality vintage fabrics. Every piece is one-of-a-kind.

The shop is open 8:30-2:00pm, Wednesday to Sunday. Next time you are having a coffee at the Blessed Cafe, or visiting Fridays Dog Salon, pop in to see the new and exciting range of giftware, candles, clothing and beach décor. Check their [Facebook](#) and Instagram for more details. ◆



Sally (left) and Vicky in their new shop

Changes at The Hub

Silvia Abel, long-standing manager of The Hub op shop, recently announced her retirement. Derek Alcorn, president of the Moore Park Beach Community Association (MPBCA), thanked Silvia for her many years of volunteer service and commended her for the work she does in the community.

The MPBCA has appointed John Plank as the new volunteer Hub manager. John has many years experience in managing Lifeline op shops in Brisbane and the Sunshine Coast. Later this year, John will oversee the transfer of the shop to new premises on Club Drive. All profits from the shop are used for local projects in Moore Park Beach. ♦



John Plank in the newly refurbished Hub

Free Skateboard Workshops

The Moore Park Beach Community Association (MPBCA) is again sponsoring teens from Moore Park Beach to attend the next Stand Strong Skateboard workshop. The workshop is on Saturday 6 April and will provide free lessons for both beginners (8:00-9:30am) and intermediate level (10:00-11:30am). The workshop is limited to 16 participants who live in

Moore Park Beach. Registration forms are available from the MPBCA and attendees are requested to complete the form in advance.

Future workshops sponsored by the MPBCA are planned to take place during upcoming school holidays on 29 June, 21 September and 14 December. Participation is keen and those eager to learn skateboard skills are urged to register early.

To meet safety requirements, workshops take place at the Walla St Skateboard Park, South Bundaberg. Participants need to make their own transport arrangements.

To enquire or register for the next workshop, scan the barcode on the posters around MPB, or email: mpbcafeedback@gmail.com ♦

Meet Chappy Emma

Emma Cross is the chaplain at Moore Park Beach State School and is loved and appreciated by both students and staff. As "Chappy Emma," she organises school activities that would not happen without her.

With help from volunteers and teacher's aides, Chappy Emma organises the Breaky Club three mornings a week. Breakfast is supplied using food given by Foodbank, along with fruit and other items donated by local farmers. Older students learn kitchen and hospitality skills while preparing toast, making healthy smoothies and assisting fellow students.

Every Monday lunch time, Chappy Emma organises games and crafts. She invites local volunteers, usually retired people, to interact with the

children in conversation as they play board games together. Then after school over afternoon tea, Chappy Emma looks after the Homework Club, involving more volunteers assisting students with homework, and helping with reading and maths.

If you think Chappy Emma is busy, then you are right! In addition, she gives her time in group sessions to help with social skills and awareness. With parent/guardian consent, she offers support and one-on-one conversations with students about their needs, which may include financial hardship, friendship and social issues, family separation, sickness or death, and personal challenges.

When needed, she sources crisis or emergency school lunches, as well as meals, personal and household items for families facing displacement or financial hardship, generously provided by local community and church organisations. Along with key personnel responsible for student well-being, Emma also attends student support meetings.

Fully supported by both the School Principal and the P&C, Chappy Emma works at the school three days a week. Her modest salary is funded through a partnership of government grants, community support through Scripture Union Queensland, and the donations of a generous Moore Park Beach resident who funds one day.

Born in Cairns to an Australian father and a Papua New Guinean mother, Emma grew up in two different cultures. As a Year 5 student, Emma was sent as a boarder to Rockhampton Girls Grammar. She credits the school chaplain with



helping her to find acceptance and enabling her to navigate life away from her family.

Emma recently returned to her mother's homeland, the Duke of York Islands, located 600 km north-east of the PNG mainland. The 13 tiny islands are home to 14,000 people. Emma was warmly welcomed to her mother's village, Molot, which has a population of 590 people. During her month-long stay, she experienced amazing connections with family and community members.

The village does not have a hospital, and the only primary school has few books. The people face many hardships but they know the importance of being present for each other. Emma's visit forged a desire to help her extended family and community in the future.

Emma would like to see more structured holiday activity programs for children in Moore Park Beach, and thinks that we should have more local support services for families.

If you have some time available, phone the school to express your interest as a volunteer. Emma will welcome you with open arms. ◆

***For more on this story go to our Blog
<https://beachbuzz.weebly.com>***

Community Coffee Meet-up

Sheila Ellsum and partner Dave Andrew are passionate about our community. Their shared vision is for people to meet together, expand their friendship base, share experiences, laugh, and have fun. For this reason, they have started a Community Coffee Meet-up which meets every Monday morning.

The group helps people to make new friends. Perhaps they are new to the area, or their old friends have moved away. Or they just want to reach out and be a friend to others.

Sheila was born in Wrexham, North Wales, and emigrated to Bundaberg at the age of 39. She loves the area so much, she has no desire to leave. Sheila is a softly-spoken, unassuming person with a 30-year career in counselling.

Sheila is interested in people and loves to make a difference in their lives. "The coffee morning, just through interaction with others, provides people with a sense of belonging," she said. "Having others know you exist, and knowing that someone cares about you can bring tremendous quality to a person's life."

Dave was born in Oldham, near Manchester and emigrated to Newcastle 50 years ago. He has been in the Bundaberg area for 28 years. Dave is outgoing, vibrant and positive, stemming from 20 years in sales and marketing. For 40 years, he was a qualified plumber in both the UK and Australia. As a missionary in Fiji and the Solomon Islands, he developed a love for people and feels comfortable with all types of personalities. He sees his role as greeting people and making



sure everyone has the opportunity to get to know someone new.

The Coffee Meet-up takes place on Monday mornings at 10:00 am at the Blessed Café, Sylvan Drive. Everyone is welcome to join. Blessed Café offers a Monday morning cafe special of coffee and raisin toast for \$10. ♦

For more on this story go to our Blog
<https://beachbuzz.weebly.com>

Moore Park Beach Community Association

The Moore Park Beach Community Association (MPBCA) works for MPB residents and represents you to local and state government bodies.

President: Derek Alcorn - 0467 561 042



Find us on Facebook:

MPBcommunityassociation



Email us at:

mpbcommunityassociation@gmail.com

Beach Buzz

Newsletter of the Moore Park Beach Community Association, produced four times a year as a community information service and distributed free to residents.

EditorDavid Coltheart

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Submit your news, announcements, feel good stories and local issues.



Email us at:

editor.beachbuzz@gmail.com



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